



Seven Core Competencies: A Brief Overview

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Learning Objectives

- Participants will be able to:
 - define what professional competence means
 - describe competency-based education (CBE)
 - describe the Institutional Core Competency Plan (ICCP)
 - discuss the seven core competencies and its required elements
 - discuss teaching and evaluation methodologies recommended for the required elements.

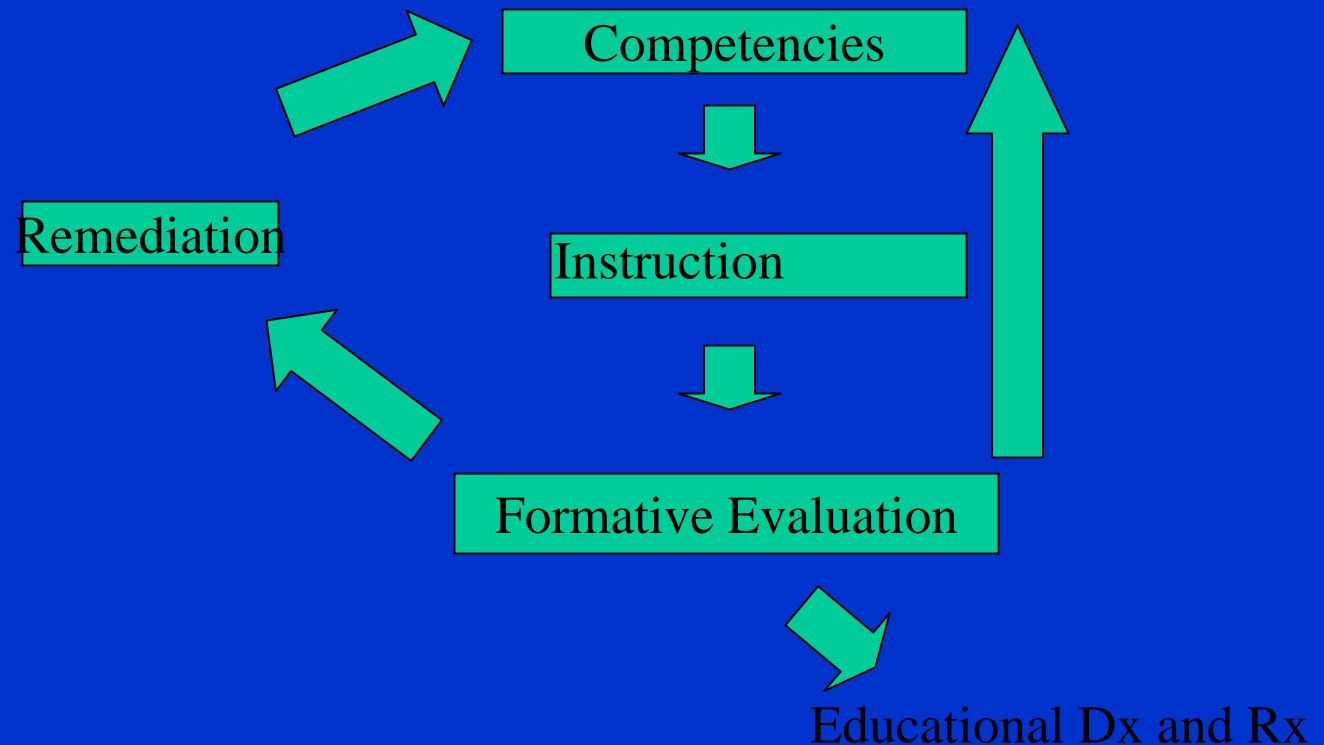
Overview

- Definition of Professional Competence
- Description of Competence-Based Education
- Description of ICCP, Competency #1-#7 and its Required Elements
- Discussion of Teaching and Evaluation Methodologies

Professional Competence

- ...is the habitual and judicious use of communication, knowledge, technical skills, clinical reasoning, emotions, values, and reflection in daily practice for the benefit of the individual and community being served (Epstein and Hundert).

Competency-Based Education (CBE)



CBE diagram taken
from Hershey Bell,
2002

Compliance



ICCP

- I – Institutional
- C – Core
- C – Competency
- P – Plan

ICCP

- Dynamic document that serves as an institutional road map for continuous improvement in teaching and in evaluating competency-based education.
- The written plan must address content issues that define responsibilities, goals, methodologies, and evaluation activities.





#1: Osteopathic Principles and Practices

- Residents are expected to demonstrate and apply knowledge of accepted standards in Osteopathic Manipulative Treatment (OMT) appropriate to their specialty. The educational goal is to train a skilled and competent osteopathic practitioner who remains dedicated to life-long learning and to practice habits in osteopathic philosophy and manipulative medicine.

#1: Required Elements

- Demonstrate competency in the understanding and application of OMT appropriate to the medical specialty.
- Integrate Osteopathic Concepts and OMT into the medical care provided to patients as appropriate.
- Understand and integrate Osteopathic Principles and Philosophy into all clinical and patient care activities.

#2: Medical Knowledge

- Residents are expected to demonstrate and apply knowledge of accepted standards of clinical medicine in their respective specialty area, remain current with new developments in medicine, and participate in life-long learning activities, including research.



#2: Required Elements

- Demonstrate competency in the understanding and application of clinical medicine to patient care.
- Know and apply the foundations of clinical and behavioral medicine appropriate to their discipline.

#3: Patient Care

- Residents must demonstrate the ability to effectively treat patients, provide medical care that incorporates the osteopathic philosophy, patient empathy, awareness of behavioral issues, the incorporation of preventive medicine, and health promotion.



#3: Required Elements

- Gather accurate, essential information for all sources, including medical interviews, physical examinations, medical records, and diagnostic/therapeutic plans and treatments.
- Validate competency in the performance of diagnosis, treatment, and procedures appropriate to the medical specialty.
- Provide health care services consistent with osteopathic philosophy, including preventative medicine and health promotion that are based on current scientific evidence.

#4: Interpersonal and Communication Skills

- Residents are expected to demonstrate interpersonal and communication skills that enable them to establish and maintain professional relationships with patients, families, and other members of health care teams.



#4: Required Elements

- Demonstrate effectiveness in developing appropriate dr-pt relationships.
- Exhibit effective listening, written and oral communication skills in professional interactions with patients, families and other health professionals.

#5: Professionalism

- Residents are expected to uphold the Osteopathic Oath in the conduct of their professional activities that promote advocacy of patient welfare, adherence to ethical principles, collaboration with health professionals, life-long learning,



#5: Professionalism (Cont.)

- and sensitivity to a diverse patient population. Residents should be cognizant of their own physical and mental health in order to effectively care for patients.

#5: Required Elements

- Demonstrate respect for patients and families and advocate for the primacy of patient's welfare and autonomy.
- Adhere to ethical principles in the practice of medicine.

#5: Required Elements

- Demonstrate awareness and proper attention to issues of culture, religion, age, gender, sexual orientation, and mental and physical disabilities.

#6: Practice-Based Learning and Improvement

- Residents must demonstrate the ability to critically evaluate their methods of clinical practice, integrate evidence-based medicine into patient care, show an understanding of research methods, and improve patient care practices.



#6: Required Elements

- Treat patients in a manner consistent with the most up-to-date information on diagnostic and therapeutic effectiveness.
- Perform self-evaluations of clinical practice patterns and practice-based improvement activities using a systematic methodology.

#6: Required Elements

- Understand research methods, medical informatics, and the application of technology as applied to medicine.

#7: Systems-Based Practice

- Residents are expected to demonstrate an understanding of health care delivery systems, provide effective and qualitative patient care within the system, and practice cost-effective medicine.



#7: Required Elements

- Understand national and local health care delivery systems and how they impact on patient care and professional practice.
- Advocate for quality health care on behalf of patients and assist them in their interactions with the complexities of the medical system.



Teaching and Evaluation

- Please refer to the handouts.

Summary

- Participants were able to:
 - define what professional competence means
 - describe competency-based education (CBE)
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 - discuss the seven core competencies and its required elements
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FYI

- For more information about the competencies, please check the OUCOM/CORE Faculty Development website.