

Research Mentors?

Olivia Ojano Sheehan, Ph.D.

Robbin Kirkland, Ph.D.

CORE Faculty Development

Objectives

- Participants will be able to:
 - Recognize the importance of being a research mentor.
 - Discuss attributes of a good research mentor.
 - Discuss ways to identify others as research mentors.

What is Mentoring?

Mentoring is a
“helping”,
guiding,
encouraging
relationship.



Why Is It Important to Be A Research Mentor?

- Program directors need to model an AOA Core Competency – Practice-Based Learning and Improvement:
“Residents must demonstrate the ability to critically evaluate their methods of clinical practice, integrate evidence-based medicine into patient care, show an understanding of research methods, and improve patient care practices.”

How Can I Become a Good Mentor?

- Listen to trainee's ideas about research interests
- Ask questions about trainee's research ideas
- Help the trainee to identify research questions



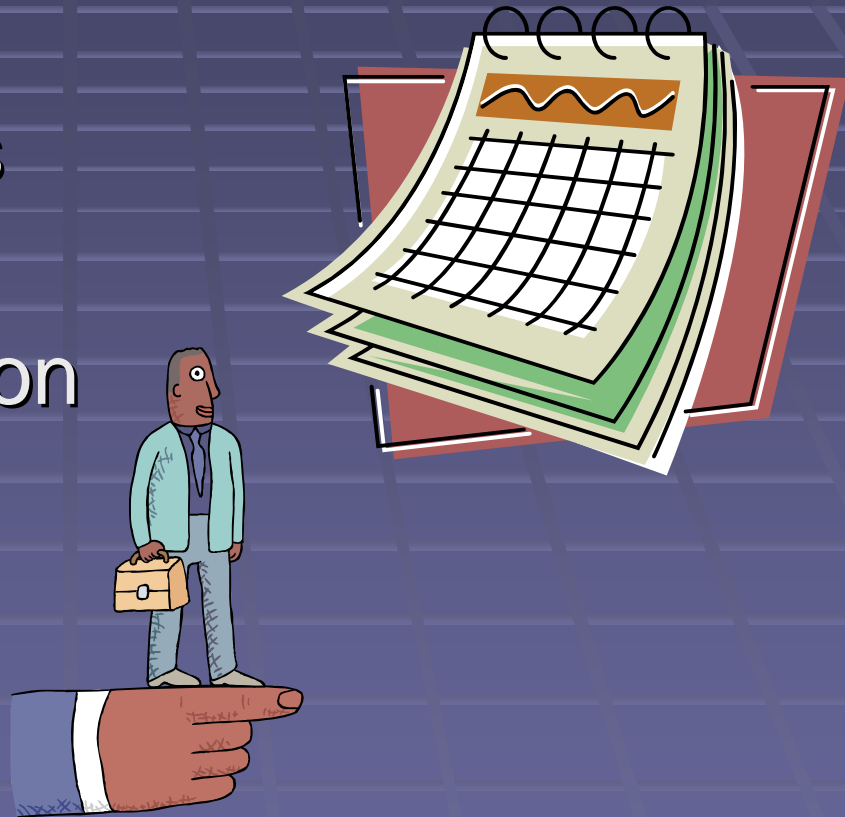
How Can I Become a Good Mentor?

- Help the trainee to avoid pitfalls
- Help the trainee to understand and know the steps involved in conducting research (participate in research skills workshops)
- Make sure that IRB approval has been requested and secured before launching the study



How Can I Become a Good Mentor?

- Be available
- Help establish dates and “timelines”
- Encourage publication of research
- Refer trainee to appropriate sources and resources



How Do I Identify Others as Research Mentors?

- Review your residents' educational background and training. This could be an opportunity for peer mentoring.
- Ask residents and program directors from other residency programs for research experience.
- Check hospital IRB Committee.
- Ask physician researchers.

What Research Resources Do We Have at the CORE?

- Educational Materials (Research Resource Guide CD, CORE Research Wheel, Navigating the CORE IRB Process, and research books)
- Statistical Software (SPSS)
- Support Resources (CORE Research Director)
- Contact Information List

Summary

- Mentoring is important.
- Program directors can become research mentors.
- Program directors need not shoulder the responsibility of mentoring alone.

