

Community Resources Available to Caregivers through the Area Agency on Aging

Community Based Long-Term Care Services help caregivers keep their loved ones at home

- They are services, provided in a home environment, including supportive, health and personal care, which help older people who need assistance maintain maximum independent functioning in their own homes or a substitute environment of their choice.

Long-Term Care Consultation

- a free in-home assessment provided to anyone regardless of age or income.
- provides individuals with a guide to information and services to help them make informed decisions regarding long-term care.
- presents choices and resources for meeting personal care needs or the needs of someone being cared for.

INFORMATION & REFERRAL

- provides information about community resources (legal/financial, transportation, support groups, home health services, hospice services, health services) and emergency services (financial aid, shelters, food, clothing) and makes referrals to any program within or outside of our agency as appropriate.

PASSPORT PROGRAM

- provides in-home alternatives to nursing home care for low-income (Medicaid eligible) seniors.
- if eligible for PASSPORT, a case manager along with the consumer design a care plan to meet the person's needs at home by arranging the most appropriate options of in-home services to supplement care provided by family members and friends.

Services include:

- HOMEMAKER SERVICES
- PERSONAL CARE
- RESPITE
- ADULT DAY SERVICES
- MINOR HOME MODIFICATIONS
- HOME DELIVERED MEALS
- DIETICIAN SERVICES
- THERAPY SERVICES
- COUNSELING
- HOME MEDICAL EQUIPMENT
- TRANSPORTATION TO MEDICAL APPOINTMENTS

Caregiver Advocacy Program

- addresses the growing needs of informal caregivers and those they care for.
- Caregiver can be any age. Care recipient must be over 60 years old
OR
- 60+ caregiver caring for a family member with MRDD who is under 18 years old.
- No financial eligibility requirements
- Level of care of recipient determines services

The Caregiver Program includes the following:

- **TELEPHONE SUPPORT GROUP** offers the benefits of a support group to caregivers who are unable to leave their homes. Caregivers need to call the Area Agency on Aging for a one-time registration.
- **MEDICAL EQUIPMENT PURCHASES** to assist and compliment the care a caregiver provides, medical equipment purchases are limited and determined by the program coordinator on a need basis.

- **CAREGIVER TRAINING** in-home training to caregivers.
- **RESPITE CARE** such as personal care, homemaking, or adult day services, provide short-term assistance for an older person so the caregiver can have some free time.
- **LEGAL SERVICES** provide education and assistance to caregivers in matters of Living Wills, Health Care Power of Attorney information and documentation, and Durable Power of Attorney information and documentation.

PROJECT LIFESAVER

- A rapid response search and rescue program used to locate enrolled individuals with cognitive impairments who may tend to wander away from their residences and become lost.

LEGAL SERVICES

- are offered to assist in making arrangements for handling personal and financial affairs in the event that you would become unable to manage them for yourself.

Referrals for other services provided by the AAA or other agencies such as:

- Nutritional Services
- Alzheimer's Respite
- Medical Escort

Long Term Care Ombudsman Program and Ombudsman Volunteers

- advocates for quality care and addresses the concerns about the quality of long-term care services and negotiates for the solution of problems that arise between providers and consumers of long-term care services.

HOUSING PROGRAM

- A federally funded program offering assistance for homeowners 60+ who need home modifications and repairs.
- Income based assistance

Choices Program

- Consumer directed program
- Must meet PASSPORT eligibility
- Must be able to self-direct care and services
- Hire own workers and manage budget

Assisted Living Waiver

- Alternative to nursing home placement
- Medicaid funded with cost cap
- For individuals 21 and older living in a NF or on a waiver program
- Personal care, homemaking, nutrition counseling, transportation services
- "tiers" of services
- Approved AL facility (Riverside Country Care Center)

Ohio Home Care Waiver/State Plan Services

- For medically eligible, Medicaid eligible under 60.
- Apply at County Department of Jobs and Family Services

Individual Options Waiver

- For MRDD
- Apply at County Department of Jobs and Family Services

Resource Locator

- <http://areaagency8.assistguide.com/>
- Click on "Search" to access the database of 600+ resources in the region.

Caregiver Resource Lending Library

- Books and videos on various caregiving topics available for loan at no-cost.
- Resources can be mailed to you with a prepaid postage envelope for you to return the materials to Area Agency on Aging

How do you get more information?

Contact:
Area Agency on Aging 8
P.O. Box 370
Reno, OH 45773
Fax 740-373-1594
<http://areaagency8.org>

1-800-331-2644