

# 2010



## ERAS CHECKSHEET

Print this handy check sheet to ensure that you follow all the necessary steps to completing your ERAS application:

- ⌚ If you haven't done so already, send OU-COM Student Affairs a recent curriculum vitae (CV) to assist in the completion of your Dean's letter of recommendation. You can e-mail it as a Word document attachment to Molly deLaval at [delaval@ohio.edu](mailto:delaval@ohio.edu).
  
- ⌚ Contact postgraduate programs to verify what application materials they require. Do they use ERAS? What are their deadlines? How many letters of recommendation do they require?
  
- ⌚ Download and complete the Office of Student Affairs 2010 ERAS Token Application to receive your ERAS token ID from our office at this link: [http://www.oucom.ohiou.edu/saffairs/survival\\_manual/pdf/Applicant\\_Form\\_2008.pdf](http://www.oucom.ohiou.edu/saffairs/survival_manual/pdf/Applicant_Form_2008.pdf)
  
- ⌚ If you would prefer not to use your OU-COM ID photo, send a suitable 2.5"x3.5" photo of yourself against a light background for your ERAS application to the Office of Student Affairs.  
E-mail: [eras@oucom.ohiou.edu](mailto:eras@oucom.ohiou.edu).
  
- ⌚ Ask your preceptors to forward recommendation letters to the Student Affairs Office early! Accompany your request to the preceptor with a stamped, addressed envelope. Make copies of the ERAS coversheet, marking and signing that you have waived or not waived your rights to view the preceptor's letter. Unless we have documentation that states otherwise, we have to assume that you have waived your rights to see any letters of recommendation. Here's the link: [http://www.oucom.ohiou.edu/saffairs/survival\\_manual/pdf/lorcoverus.pdf](http://www.oucom.ohiou.edu/saffairs/survival_manual/pdf/lorcoverus.pdf)

- ⌚ Review your grades online at: <http://www.ohiou.edu/registrar/info/apps/mygrades.html> confirming they are all accurate.
- ⌚ Order your transcript from the Ohio University Registrar to be sent to the Office of Student Affairs for your ERAS application. Here's the link:  
<http://www.ohio.edu/registrar/transcri.cfm>

⌚ **Osteopathic Match:**

Register for the AOA match at: <http://www.natmatch.com/aoairp/index.htm> in October (exact date TBA). You will need your AOA ID. If you unsure what your ID number is, contact us.

⌚ **Allopathic Match:**

Register with NRMP at <http://www.nrmp.org/>. You must register in November (exact date TBA).

- ⌚ Download and print the ERAS 2010 Applicant Manual, which will answer most of your ERAS questions. Keep it handy! When available, it can be found at:  
<http://www.aamc.org/students/eras/resources/start.htm>  
Please call us with any questions:  
Molly deLaval, 740-593-2152 or [delaval@ohio.edu](mailto:delaval@ohio.edu)